

# Worry Cloud Transition Activity

## Instructions:

Moving class can be an exciting but also worrying time for young children. This activity gives children the opportunity to voice their worries but also the things that they are most looking forward to.

Children can record their worries on the Worry Cloud. This can either be done as a group, using the small cut-outs and the posters, or individually, using the activity sheet.

If using the posters, the children can record their worries onto the small cloud cut-outs and stick them onto the cloud poster.

Children can also record the things they are looking forward to on the Excitement Rainbow.

The children's worries and excitements can then be discussed, with possible solutions and support given to their concerns. You may even like to visually show the children's worries floating away, if the child feels happy that their concern has been dealt with.

