

WE'RE LOOKING FOR

PEER MENTORS



Are you in Year 4, Year 5
or Year 6?

Can you help mentor
another pupil in our
school?

Can you offer support,
guidance and a friendly
face?

Can you be a good
listener?

If you can answer yes to
these questions, then we
need

You!

- Full Training given over 8 weeks
- Support from the Project staff
- Matching process
- Weekly support sessions

School is an ideal place to facilitate a peer support group. 'Peer support' is an umbrella term that encompasses a range of interventions and approaches, including, listening, mentoring, befriending and buddying. Peer programs allow students to help other students with social support throughout the school day.

Peer support schemes use the knowledge, skills and experience of children and young people in a planned and structured way to understand, support, inform and help develop the skills, understanding, confidence and self-awareness of other children and young people with whom they have something in common



Peer Mentor Application Form

Name:

Year:

Please answer the following questions

1. Why would you like to be a Peer Mentor?

2. What qualities can you bring to the Peer Mentor Programme?

3. What do you enjoy doing in your spare time?

4. Why do you think we should have Peer Mentors in school?

5. Is there anything else you would like to share with us?

Signature _____ Date _____

Parent/Carer Signature _____

Please return to school as soon as possible